



**AUTISM  
CANADA**



**SARA**  
SEARCH  
AND RESCUE  
FOR AUTISM

**Visual Supports and Stories**

# **STAYING SOMEPLACE NEW**



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**My name is**

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*What is your name?*



**I am going to**

---

*Where are you going?*



**I am going with**

---

*Who is going?*



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**While there I will be staying in/at:**

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*Where are you staying?*



**I can take something from home to  
make me feel more comfortable.**

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*What are you bringing?*



**While at**

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**there are a lot of fun things I can do:**

*Insert activities available.*



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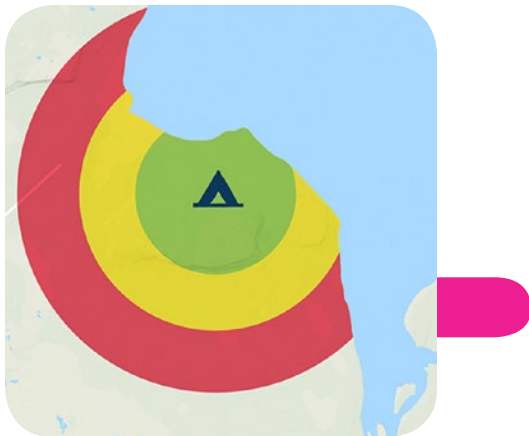
**The place that I stay in will have rules that I need to follow to be safe and respectful of others:**

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*Suggestions: staying close to caregivers, being quiet in hallways, asking for permission to leave the room/campsite/etc*



**The place I stay will also have Green, Yellow, and Red zones that I need to know about to be safe.**



**Staying somewhere new may be a little scary but I can have a lot of fun!**



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## ***How do I use Visual Supports & Stories?***

Visual Supports and stories are meant to prepare your child for a given situation. Thus, they should be reviewed prior to participating in the situation. We recommend reading the story once through without stopping with your child. Then, read it again and stop and point out a few important points. Do this numerous times and in different contexts prior to entering the situation written in the visual support story. You can ask them simple questions about the story (e.g., where should we put our garbage?)

Reading a story will help to prepare them but you still need to teach the skill embedded in the visual support story directly and create a lot of opportunities to practice. For example, when reviewing how to act around wildlife, practice in a park or your backyard after you read the visual support story. You can also highlight the importance of throwing away garbage in a labeled garbage can in your home before entering a national park. Don't forget to praise and reward your child for practicing the new skills they are learning!

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[www.autismcanada.org/sara](http://www.autismcanada.org/sara)

