

# RESOURCES IN REMOTE LOCATIONS RESSOURCES DANS DES RÉGIONS ÉLOIGNÉES

RESOURCE KIT - TROUSSE DE RESSOURCES



## CANADA-WIDE À L'ÉCHELLE DU CANADA



- **On-Reserve Income Assistance**  
<https://www.sac-isc.gc.ca/eng/1100100035256/1533307528663>
- **Indian Residential Schools Resolution Health Support Program**  
<https://www.sac-isc.gc.ca/eng/1581971225188/1581971250953#chp2>
- **Inuit Child First Initiative**  
Ensures Inuit children have access to the essential government funded health, social and education products, services and supports they need.  
<https://www.sac-isc.gc.ca/eng/1536348095773/1536348148664> \* 1.855.572.4453
- **Indigenous and Northern Affairs Canada**  
<https://www.canada.ca/en/indigenous-northern-affairs.html>
- **Jordan's Principle**  
<https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824>



## BRITISH COLUMBIA COLOMBIE-BRITANNIQUE

- **Income Assistance on Reserve in British Columbia**  
<https://lss.bc.ca/publications/pub/income-assistance-reserve-british-columbia> \* 604.408.2172
- **ACCESS – Aboriginal Community Career Employment Services Society**  
<https://www.accessfutures.com/> \* 604.913.7933
- **Circle of Eagles Lodge Society – for counselling and other support services**  
<https://www.circleofeagles.com/> \* 604.874.1246
- **Fraser Regional Aboriginal Friendship Centre**  
For support services that promote health and economic wellbeing of Indigenous people.  
<https://fracfa.org/> \* 604.923.1166
- **Helping Spirit Lodge Society**  
For programs, services and resources.  
<https://hsls.ca/>
- **Indigenous Services and Programs BC**  
<https://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/services-and-resources/indigenous-services> \* 1.800.880.1022
- **Métis B.C. Nation**  
For programs and services  
<https://www.mnbc.ca/>
- **Native Courtworker and Counselling Association of B.C.**  
For culturally sensitive Indigenous services and programs, including court support.  
<https://nccabc.ca/> \* 604.985.5355 \* Toll-free - 1.877.811.1190
- **Vancouver Coastal Health (Aboriginal Health Programs and Services)**  
For culturally safe programs that promote health and wellness of Indigenous people.  
<http://www.vch.ca/your-care/aboriginal-health> \* 604.736.2033 \* Toll-free - 1.866.884.0888



## ALBERTA ALBERTA

- **Akamkispatinaw Ohpikihawasowin Child and Family Services (AKO) - Maskwacis**  
<https://fncaringsociety.com/agencies/akamkispatinaw-ohpikihawasowin-child-and-family-services-ako>  
\* 780.585.2125
- **Athabasca Tribal Council Child and Family Services - Fort McMurray**  
<https://www.atcfn.ca/child-family-services> \* 780.713.2341
- **Bigstone Cree Social Services Society - Wabasca**  
<https://fncaringsociety.com/agencies/bigstone-cree-social-services-society> \* 780.891.2225
- **Blood Tribe Child Protection Services - Standoff**  
<http://www.kainaicsc.ca/index.php/departments/blood-tribe-child-protection> \* 403.737.3437
- **Kashokowew Child Wellness Society - Maskwacis**  
<https://fncaringsociety.com/agencies/kashokowew-child-wellness-society> \* 780.585.3300
- **KTC Child and Family Services - Atikameg**  
<https://www.ktccfs.com/> \* 780.767.2116



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- **Lesser Slave Indian Regional Council - High Prairie**  
\* 780.523.4401
- **Little Red River Cree Nation Mamawi Awasis Society - High Level**  
<https://lrrcn.ab.ca/corporations-societies/mamawi-awasis-society/> \* 780.759.2020
- **Mamowe Opikihawasowin Tribal Chief Child and Family Services West Society - Goodfish Lake**  
<https://www.mamoweopikihawasowin.com/> \* 780.645.6634
- **North Peace Tribal Council - High Level**  
<http://www.nptc.ca/> \* 780.926.3446
- **Piikani Child and Family Services - Brocket**  
<https://piikanicfs.ca/> \* 403.965.2390
- **Saddle Lake – Wah-Koh-To-Win Child Care Society - Saddle Lake**  
<https://fncaringsociety.com/agencies/saddle-lake-wah-koh-win-child-care-society> \* 780.726.7616
- **Siksika Family Services Corporation - Siksika**  
<https://www.siksikafamilyservices.com/> \* 403.264.8573
- **Stoney Nakoda Child and Family Services Society - Morley**  
<https://fncaringsociety.com/agencies/stoney-nakoda-child-and-family-services-society> \* 403.881.3900
- **Tribal Chief Child and Family Services [East] - Kehewin**  
<http://tccfseasts.blogspot.com/p/about.html> \* 780.826.4311
- **Tsuu T'ina Child and Family Services - Tsuu T'ina**  
<https://fncaringsociety.com/agencies/tsuu-tina-child-and-family-services> \* 403.281.0121
- **Western Cree Tribal Council Child, Youth and Family Enhancement - Grand Prairie**  
<https://www.westerncree.ca/child-youth-and-family-enhancement> \* 780.524.5978
- **Freehorse Family Welness Society**  
Is a non-profit organization that offers post-secondary funding which assists eligible students from specific Alberta First Nations.  
Alberta residents (minimum 12 months) registered with Northwest Territories bands are also eligible.  
<https://www.freehorse.org/> \* 780.944.0172
- **Native Counselling Services of Alberta**  
<https://www.ncsa.ca/> \* 780.451.4002



## SASKATCHEWAN SASKATCHEWAN

- **First Nations, Metis, & Inuit Resources**  
<https://www.stf.sk.ca/professional-resources/stewart-resources-centre/resources/related-links/first-nations-metis-inuit>  
\* 306.373.1660 - 1-800.667.7762
- **Indigenous Habitat Participation Program**  
Funding program that gives Indigenous communities opportunities to participate in the conservation and protection of fish and fish habitat.  
<http://skfn.ca/land-resources-programs/>
- **Indigenous Pathfinder Service**  
A one-stop shop for advice and referral to help navigate the relevant information, tools and support available to start or expand activities in the agriculture and agri-food sector.  
<http://skfn.ca/land-resources-programs/>
- **First Nations and Metis Consultation Participation Fund**  
<http://skfn.ca/2018/02/05/saskatchewan-government-first-nation-metis-consultation-participation-fund/>
- **Saskatchewan Indigenous Cultural Centre**  
<https://sicc.sk.ca/> \* 306.244.1146
- **Spiritual and Cultural Care**  
Within Saskatoon Health Region, spiritual care is offered at St. Paul's hospital and Humboldt Hospital. Cultural programming is provided by First Nations and Metis Health.  
[https://www.saskatoonhealthregion.ca/locations\\_services/Services/Spiritual-Cultural/Pages/Home.aspx](https://www.saskatoonhealthregion.ca/locations_services/Services/Spiritual-Cultural/Pages/Home.aspx)
- **University of Saskatchewan Aboriginal Research Resources**  
<https://library.usask.ca/indigenous/>
- **Cowessess First Nation - Department of Health and Social Development**  
<https://cowessessfn.com/programs/health/>



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**ONTARIO**  
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- **Programs and Funding for Indigenous People**  
<https://www.ontario.ca/page/programs-and-funding-indigenous-people> \* 416.314.7217
- **Ministry of Indigenous Affairs**  
<https://www.ontario.ca/page/ministry-indigenous-affairs> \* 416.326.4740
- **Anishnawbe Health Toronto**  
<https://aht.ca/>  
Queen St E - 416.360.0486 \* Gerrard St E - 416.920.2605 \* Carlton St - 416.657.0379
- **The Indigenous Diabetes Health Circle**  
<https://idhc.life/> \* Head Office - 1.888.514.1370
- **Ontario Aboriginal HIV/AIDS Strategy**  
<https://www.oahas.org/> \* 1.416.944.9481
- **Well Living House**  
Research centre for Indigenous infants, children, and their families' health and well-being.  
<http://www.welllivinghouse.com/>
- **Aboriginal Legal Services**  
<https://aboriginallegal.ca/> \* Head Office - 1.416.408.4041
- **2 Spirited People of the First Nations**  
<http://www.2spirits.com/index.html#> \* 416.944.9300
- **Aboriginal Housing Support Centre**  
<http://aboriginalhsc.org/> \* 416.281.2057
- **Anduhyun Inc.**  
Supports Indigenous women and children in their efforts to maintain their cultural identity, self-esteem, economic, physical and spiritual well-being.  
<http://www.anduhyun.org/> \* 416.243.7669 ext 226
- **Gabriel Dumont Non-Profit Homes**  
<http://gabriel Dumont.org/> \* 416.286.5277
- **Native Child and Family Services of Toronto**  
<https://nativechild.org/> \* 416.969.8510
- **Native Women's Resource Centre of Toronto**  
<http://nwrct.ca/> \* 416.963.9963
- **Wigwamen**  
A non-profit and charitable organization, is Ontario's oldest and largest urban Aboriginal housing provider.  
<http://www.wigwamen.com/> \* 416.481.4451
- **Kapapamahchakwew - Wandering Spirit School (GR. JK-12)**  
<https://www.tdsb.on.ca/Find-your/Schools/schno/5360> \* 416.393.0555
- **Toronto District School Board - Indigenous Education**  
<https://www.tdsb.on.ca/Community/Indigenous-Education> \* 416.393.9600
- **Dodem Kanonhsa' Indigenous Education and Cultural Facility**  
A learning and sharing facility which fosters greater acceptance, understanding and harmony between Indigenous and non-Indigenous Peoples.  
<https://ncct.on.ca/programs/dodem-kanonhsa/> \* 416.964.9087
- **Native Canadian Centre Toronto**  
<https://ncct.on.ca/> \* 416.964.9087
- **Ontario Federation of Indigenous Friendship Centres**  
<https://ofifc.org/> \* 416.956.7575

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## NEW BRUNSWICK NOUVEAU-BRUNSWICK



- **New Brunswick Aboriginal Peoples Council**  
Empowers and supports individuals who are investing into their education.  
<https://nbapc.org/programs-and-services/education-assistance/> \* 506.458.8422
- **New Brunswick Aboriginal Peoples Council Youth Council**  
Mission is to represent, promote, advocate, empower, protect and educate, off-reserve, Aboriginal youth of New Brunswick; and further, to encourage unity and the growth of the emotional, physical, mental and spiritual well-being of oneself, family and community.  
<https://nbapc.org/programs-and-services/youth/> \* 506.458.8422
- **Looking Out for Each Other Project**  
A community driven project assisting Aboriginal families and communities when an Aboriginal woman goes missing. The main goal of this project is to empower Aboriginal organizations to provide well supported services to families and friends of missing people.  
<https://nbapc.org/programs-and-services/lofeo/> \* 506.458.8422
- **Aboriginal Affairs Grant Program**  
The Department provides small grants to individuals, First Nation communities, and Aboriginal Organizations for a variety of events, projects and initiatives to help improve the government's relationship with First Nation communities and Aboriginal organizations.  
[https://www2.gnb.ca/content/gnb/en/departments/aboriginal\\_affairs/services/services\\_renderer.15036.Aboriginal\\_Affairs\\_Grants\\_Program.html](https://www2.gnb.ca/content/gnb/en/departments/aboriginal_affairs/services/services_renderer.15036.Aboriginal_Affairs_Grants_Program.html)
- **The Mi'kmaq-Wolastoqey Centre (University of New Brunswick)**  
Help with: Admissions into UNB programs, Assisting in course selection, Providing access to student supports and services  
Offers cultural growth, support, and teachings from our Elder-in-residence (Our new elder-in-residence is Ramona Nicholas).  
<https://www.unb.ca/mwc/> \* 506.453.4840
- **Indigenous Counselling Services (University of New Brunswick)**  
<https://www.unbsu.ca/indigenous-counselling-services> \* 506.453.4840



## NOVA SCOTIA NOUVELLE-ÉCOSSE

- **Esakasoni Mental Health**  
Provides a wide range of services to the Mi'kmaq people of Eskasoni, Cape Breton, Nova Scotia.  
<https://mha.nshealth.ca/en/services/eskasoni-mental-health>
- **Mental Health and Substance Use Resources for Aboriginal Children and Youth**  
[https://novascotia.cmha.ca/wp-content/uploads/2018/10/mhsu\\_resources\\_for\\_aboriginal\\_cy\\_qrs\\_0.pdf](https://novascotia.cmha.ca/wp-content/uploads/2018/10/mhsu_resources_for_aboriginal_cy_qrs_0.pdf)
- **Circle Of Life**  
A guide to emotional health in pregnancy and early motherhood for Aboriginal women and their families.  
<https://novascotia.cmha.ca/wp-content/uploads/2018/10/CircleOfLife.pdf>
- **Union of Nova Scotia Mi'kmaq**  
<https://www.unsm.org/> \* 902.539.4107
- **Support for Indigenous Students at Acadia University**  
<https://www2.acadiau.ca/student-life/indigenous-students.html> \* 902.542.2200
- **Ulnooweg**  
Operates as an extension of the communities, uniquely stewarding to their needs and supporting their business leaders and entrepreneurs.  
<https://www.ulnooweg.ca/> \* 1-888.766.2376
- **Dalhousie University Indigenous Resources**  
<https://www.dal.ca/about-dal/indigenous-connection.html> \* 902.494.2211



## PRINCE EDWARD ISLAND ÎLE-DU-PRINCE-ÉDOUARD

- **Native Council of Prince Edward Island**  
<http://ncpei.com/>
- **Mi'kmaq Confederacy of PEI**  
<https://mcpei.ca/> \* 1.877.884.0808
- **Aboriginal Cultural Connections: A Child Protection Resource Guide**  
[https://www.princeedwardisland.ca/sites/default/files/publications/aboriginal\\_cultural\\_connections.pdf](https://www.princeedwardisland.ca/sites/default/files/publications/aboriginal_cultural_connections.pdf)



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## NEWFOUNDLAND & LABRADOR TERRE-NEUVE-ET-LABRADOR



- **The Newfoundland Aboriginal Women's Network**  
Dedicated to promoting and enhancing the well-being of Aboriginal women in Newfoundland.  
<http://nawn-nf.com/> \* 709.643.4563
- **The St. John's Native Friendship Centre**  
Community-based, non-profit organization that offers numerous programs and services to Newfoundland's Aboriginal population. It offers internet, printing, faxing, and photocopying services, as well as a number of programs, including:  
The Four Winds Aboriginal Youth Program and The Shanawdithit Shelter.  
<https://firstlightnl.ca/> \* 709.726.5902
- **The Healing Journey**  
Resources for Newfoundland and Labrador, including: family violence; legal aid; family mediation; victim assistance; and other resources and services.  
<http://www.thehealingjourney.ca/inside.asp?297> \* 506.453.5369
- **The Labrador Friendship Centre**  
Aims to enrich Aboriginal life in Labrador. The Centre does this through the provision of a number of programs and services, including: facilities for educational training; housing support services; an Aboriginal family centre; and activities for seniors and children, among others.  
<http://www.lfchvgb.ca/home/>
- **Mokami Status of Women Council**  
<https://www.mokamiwomen.ca/home/> \* 709.896.3484 ext. 209
- **Bay St. George Mi'kmaq Cultural Revival Committee**  
Promotes Mi'kmaq culture.  
<https://flatbay.wixsite.com/annualpowwow> \* 709.647.1370
- **OkalaKatiget Society - Regional programming services that promotes Inuit culture**  
<http://www.oksociety.com/> \* 709.922.2187



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**MANITOBA  
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- **Indigenous Organizations in Manitoba**

A directory of groups and programs organized by or for First Nations, Inuit and Metis people (PDF)

<https://www.gov.mb.ca/inr/publications/pubs/indigenous-organizations-in-manitoba>.

- **Manitoba Indigenous Cultural Education Centre Inc.**

<https://www.micec.com/> \* 204.942.0228

- **One-page resource sheet for Indigenous families**

General information on obtaining ID, filing taxes, income assistance, health care, housing, education/training, and COVID-19 resources

[https://umanitoba.ca/faculties/health\\_sciences/medicine/units/chs/media/GYB\\_Indigenous\\_Families.pdf](https://umanitoba.ca/faculties/health_sciences/medicine/units/chs/media/GYB_Indigenous_Families.pdf)

- **Assembly of Manitoba Chiefs/WRHA**

Patient Advocate Unit -provides advocacy and navigation services for all First Nations members regardless of residency

<http://manitobachiefs.com/policy-sectors/health/> \* 204.987.4120

- **Assembly of Manitoba Chiefs/WRHA**

WRHA Indigenous Health – Patient Services

<http://www.wrha.mb.ca/indigenous-health/patient-services/advocacy> \* 1.877.940.8880

- **Eagle Urban Transition Centre (EUTC)**

A service organization mandated by the Assembly of Manitoba Chiefs and serving as a central location for First Nations clients seeking transitional support while living in and/or relocating to Winnipeg. EUTC assists First Nation children and adults with disabilities by helping access services and resources, including Jordan's Principle, to meet their needs and protect their rights.

<https://manitobachiefs.com/eagle-urban-transition-centre/> \* 204-954-3050

- **Jordan's Principle Child First Initiative**

Jordan's Principle makes sure all First Nation children living in Canada can access the products, services and supports they need, when they need them. Funding can help with a wide range of health, social and educational needs. Families living in First Nations communities can access Jordan's Principle through their local Jordan's Principle case managers. In Winnipeg Eagle Urban Transition Centre (EUTC) can help families access Jordan's Principle.

<https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824>

\* 1.855.572.4453 - TTY 1.866.553.0554

- **Centre for Aboriginal Human Resource Development Inc. (CAHRD)**

A non-profit, human resource development organization that delivers literacy, education, training, and employment services to the urban Aboriginal population of Winnipeg

<http://www.cahrd.org/> \* 204.989.7110

- **Urban Circle Training Centre (UCTC)**

Provides culturally appropriate education and training for First Nations, Metis, and Inuit women and men in Winnipeg. The organization offers adult learning services and several certificate programs.

<https://www.urbancircletraining.com/> \* 204.589.4433

- **Ka Ni Kanichihk**

Offers programs and services that focus on wholeness and wellness, and that build on the strengths and resilience of Indigenous peoples.

[admin@kanikanichihk.ca](mailto:admin@kanikanichihk.ca)

<https://www.kanikanichihk.ca/> \* 204 953-5820

- **Native Addictions Council of Manitoba (NACM)**

Their mission is to provide traditional healing services to First Peoples through holistic treatment of addictions.

<http://www.nacm.ca/> \* 204.586.8395

- **National Centre for Truth and Reconciliation**

<https://nctr.ca/> \* 204.474.6069 \* Toll-Free 1-855.415.4534

- **Northern Patient Transportation Program**

Subsidizes medical transportation costs for eligible Manitoba residents in the north to obtain medical or hospital care not available in their home community.

Subsidies may include costs for an essential escort.

<https://northernhealthregion.com/programs-and-services/northern-patient-transportation-program-nptp/>

\* 204.687.1300 \* Toll-Free 888.340.6742



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QUÉBEC  
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## • CISSS de la Gaspésie

Le CISSS de la Gaspésie offre des soins et des services - (In French only)

Déficiences et handicaps - Centre intégré de santé et de services sociaux de la Gaspésie (gouv.qc.ca)

## • Nunavik Regional Board of Health and Social Services

Nunavik Regional Board of Health and Social Services | (nrbhss.ca) \* 819.964.2222

Programs and resources | Nunavik Regional Board of Health and Social Services (nrbhss.ca)

Contact us | Nunavik Regional Board of Health and Social Services (nrbhss.ca)

### Communities/Communautés:

\* Akulivik \* Aupaluk \* Inukjuak \* Ivujivik \* Kangiqsualujjuaq \* Kangiqsujuaq

\* Kuujjuaq \* Kangirsuk \* Kuujjuaraapik \* Puvirnituq \* Quaataq \* Salluit \* Tasiujaq\* Umiujaq

## • Cree Board of Health and Social Services of James Bay (CBHSSJB)

Home | Cree Health \* 819.855.2744

### Communities/Communautés:

\* Chisasibi \* Eastmain \* Mistissini \* Nemaska \* Oujé-Bougoumou \* Waskaganish

\* Waswanipi \* Wemindji \* Whapmagoostuil

Services | Cree Health

## • CIUSSS du Saguenay—Lac-Saint-Jean

CIUSSS du Saguenay—Lac-Saint-Jean (gouv.qc.ca)

Déficiência intellectuelle et spectre de l'autisme - Centre intégré universitaire de santé et de services sociaux du Saguenay - Lac-Saint-Jean (gouv.qc.ca)

Nous joindre - Centre intégré universitaire de santé et de services sociaux du

Saguenay - Lac-Saint-Jean (gouv.qc.ca)

## • CISSS de la Côte-Nord (gouv.qc.ca)

Facilities: CISSS de la Côte-Nord (gouv.qc.ca)

Facilities/Installations: Haute-Côte-Nord \* Manicouagan \* Port-Cartier \* Sept-Îles \* Minganie

\* Lower North Shore \* Caniapiscau \* CLSC Naskapi

Intellectual disability, autism spectrum disorder and physical disability:

CISSS de la Côte-Nord (gouv.qc.ca)

## • CRSSS Baie James > Accueil (gouv.qc.ca)

Centre Régional de Santé et de Services Sociaux de la Baie James -

CRSSS Baie James > Accueil (gouv.qc.ca)

### Facilities/Installations:

Centre de santé de Chibougamau \* Centre de santé Isle-Dieu \* Centre de santé Lebel

\* Centre de santé de Radisson \* Centre de santé René-Ricard

Centre Régional de Santé et de Services Sociaux de la Baie James - CRSSS Baie James >

Programmes-services de la région (gouv.qc.ca)



CANADA-WIDE - TRAVEL MEDICAL  
À L'ÉCHELLE DU CANADA - MEDICALE VOYAGE



## • Hope Air

Canada's only national charity providing free travel and accommodations for Canadians in financial need who must access medical care far from home.

Hope Air - Hope Air | Medical travel assistance for Canadians in financial need



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# INTERNATIONAL INTERNATIONALE

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WORLD-WIDE -  
À L'ÉCHELLE MONDIALE



Autism Canada cannot advocate on behalf of your family to Immigration Canada. We are not able to send letters to help families immigrate to Canada or help with a visa. Our mission is to provide information and support to Canadian individuals on the spectrum and their families. Autism Canada is a national charity providing information and resources to families and individuals on the spectrum, currently residing in Canada. We are not a treatment center and we do not offer means of sponsorship or financial assistance. Should you require more information, our website offers resources for individuals on the spectrum, families, caregivers, and professionals from all aspects of their autism journey.

<https://autismcanada.org/>

## IMMIGRATION WITH A CHILD ON THE AUTISM SPECTRUM IMMIGRATION AVEC UN ENFANT SUR LE SPECTRE DE L'AUTISME

If you are interested in coming to Canada, We would suggest contacting Immigration Canada to learn more about what you might expect from the process.

[Immigration and citizenship - Canada.ca](https://www.canada.ca/en/immigration-refugee-citizenship/)

In order to receive autism resources and funding supports you would likely have to have a child's diagnosis confirmed by a professional here. If you go through the public health system, we currently have wait times for diagnosis and then there are further wait times for funding and services of up to two years (and sometimes more) and the services can depend on the severity of the autism. If you choose to hire a professional to have the child evaluated, the process would be shorter, but it can cost thousands of dollars. This assessment process can take some time and our wait time in Canada is quite long, however, if you have the funds to obtain private services this will certainly speed up the process.

Should you run into some problems with wanting to move to Canada with special needs children, we like to advise families who are considering immigrating or moving back to Canada to secure an immigration officer and inform them of as much detail as possible as it can be difficult and the assistance for children with autism is not easily accessed. Unfortunately, even those born and raised in Canada are being placed on long waitlists and the demand for services continues to grow.

### Assessment in Canada

We always suggest the place to start is with a family doctor. They would refer your child to either a psychiatrist or a clinical psychologist for an "autism assessment as a child". Nurse Practitioners can also make a referral. This is the only way for an assessment to be covered under the provincial health plan. A psychologist working in a hospital setting is usually covered under the plan. When speaking to your doctor simply ask them for a referral to a psychologist for an autism assessment. If you are not comfortable speaking to your doctor, a clinical doctor/nurse practitioner is also able to do so. You can find a doctor at the Canadian Paediatric Society.

[https://www.caringforkids.cps.ca/resources/find\\_a\\_doctor](https://www.caringforkids.cps.ca/resources/find_a_doctor)

If you pay privately for an assessment, it is often a shorter wait time, but the fee can range between \$2,000 to \$5,000. To find a clinical psychologist in the area who specializes in autism, if your doctor does not know of one, you can use this search engine and select autism under "issue". You would need to ask about their fees. Some may have a sliding scale if finances are an issue. If your family has insurance benefits, the assessment cost or may be fully or partially covered. You can refine the search criteria to (Postal code or region / Autism / Child / Psychological Testing).

<https://www.psychologytoday.com>



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# INTERNATIONAL INTERNATIONALE

RESOURCE KIT - TROUSSE DE RESSOURCES



WORLD-WIDE -  
À L'ÉCHELLE MONDIALE



Autisme Canada est un organisme de bienfaisance national qui fournit de l'information et des ressources aux familles et aux personnes qui vivent actuellement au Canada. Nous ne sommes pas un centre de traitement et nous n'offrons pas de moyens de parrainage ou d'aide financière. Voici notre site web pour plus d'information sur l'autisme ici au Canada: <https://autismcanada.org/> (site anglophone veuillez voir \*) Si vous avez besoin de plus d'informations, notre site Web propose des ressources pour les personnes sur le spectre, les familles, les proches aidants (es) et les professionnels sur tous les aspects de leur parcours autistique.

<https://autismcanada.org/>

## IMMIGRATION WITH A CHILD ON THE AUTISM SPECTRUM IMMIGRATION AVEC UN ENFANT SUR LE SPECTRE DE L'AUTISME

Si vous êtes intéressé (e) à venir au Canada, nous vous suggérons de contacter Immigration Canada pour en savoir plus sur ce que vous pouvez attendre du processus.

[Immigration et citoyenneté - Canada.ca](https://www.canada.ca/fr/immigration-et-citoyennete/immigration/immigrer/immigrer-avec-un-enfant-sur-le-spectre-de-l-autisme.html)

Afin de recevoir des ressources en autisme et un soutien financier, vous devrez probablement faire confirmer le diagnostic d'un enfant par un professionnel ici. Si vous passez par le système de santé public, nous avons actuellement des temps d'attente pour le diagnostic, puis il y a d'autres temps d'attente pour le financement et les services pouvant aller jusqu'à deux ans (et parfois plus) et les services peuvent dépendre de la gravité de l'autisme. Si vous choisissez d'engager un professionnel pour faire évaluer l'enfant, le processus sera plus court, mais il peut coûter des milliers de dollars. Ce processus d'évaluation peut prendre un certain temps et notre temps d'attente au Canada est assez long, cependant, si vous avez les fonds pour obtenir des services privés, cela accélérera certainement le processus.

Si vous rencontrez des problèmes pour vouloir déménager au Canada avec des enfants ayant des besoins spéciaux, nous aimons conseiller aux familles qui envisagent d'immigrer ou de revenir au Canada d'obtenir un (e) agent (e) d'immigration et les informer avec autant de détails que possible, car cela peut être difficile et l'aide aux enfants autistes n'est pas facilement accessible. Malheureusement, même ceux qui sont nés (es) et ont grandi au Canada sont placés (es) sur de longues listes d'attente et la demande de services continue de croître.

### Évaluation au Canada

Nous suggérons toujours que le point de départ soit avec un (e) médecin de famille. Il/elle orienterait votre enfant vers un (e) psychiatre ou un (e) psychologue clinicien (ne) pour une « évaluation de l'autisme dans l'enfance ». Les infirmiers (ières) praticiens (nes) peuvent également faire une référence. C'est la seule façon pour qu'une évaluation soit couverte par le régime provincial de soins de la santé. Un (e) psychologue travaillant en milieu hospitalier est généralement couvert par le régime. Lorsque vous parlez à votre médecin, demandez-lui simplement de vous référer à un (e) psychologue pour une évaluation de l'autisme. Si vous n'êtes pas à l'aise de parler à votre médecin, un (e) médecin clinicien (ne)/un (e) infirmier (ère) praticien (ne) peut également le faire. Vous pouvez trouver un (e) médecin à la Société canadienne de pédiatrie.

[https://www.soinsdenosenfants.cps.ca/resources/find\\_a\\_doctor](https://www.soinsdenosenfants.cps.ca/resources/find_a_doctor)

Si vous payez au secteur privé pour une évaluation, le temps d'attente est souvent plus court, mais les frais peuvent varier entre 2 000 \$ et 5 000 \$. Pour trouver un (e) psychologue clinicien (ne) qui se spécialise dans l'autisme, si votre médecin n'en connaît pas, vous pouvez utiliser ce moteur de recherche et sélectionner l'autisme sous « problème "issue" ». Vous auriez besoin de leur poser des questions sur leurs frais. Certains peuvent avoir une échelle mobile si les finances sont un problème. Si votre famille bénéficie d'assurance privée, l'évaluation sera peut-être entièrement ou partiellement couverte. Vous pouvez affiner les critères de recherche à (Code postal ou région / Autisme / Enfant / Test psychologique - "Postal code or region / Autism / Child / Psychological Testing").

<https://www.psychologytoday.com> - (site anglophone veuillez voir \*)

(\*Veuillez noter que le site est seulement en anglais par contre dans le navigateur, vous avez la possibilité de sélectionner en français. Quand vous, faite un clic à droite n'importe où sur l'écran et il vous offrira l'option de traduire. (Veuillez noter que les traductions ne seront peut-être pas toujours exacte si vous utiliser ce système).



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<https://autismcanada.org/>

## CHILD RESOURCES / RESSOURCES POUR ENFANTS

- **Discussion board**

About people wanting to move to Canada with a special needs child.  
Special Needs Child | Canada Immigration Forum (canadavisa.com)

- **Article about immigration to Canada**

With a special needs child.  
Immigrating with a learning disability | Canadian Immigrant

- **ESL (English as a Second Language)**

Link that focuses on language:  
<https://www.cic.gc.ca/english/helpcentre/answer.asp?qnum=895&top=27>

Tips for Helping Children Learning English as a Second Language:  
Communal News: Online Business, Wholesale & B2B Marketplace News

**This link offers an array of resources for children and ESL:**

English As a Second Language Websites for Children (yourdictionary.com)

- **Online support groups for families and individuals**

This website has links from all over the world.  
<https://www.friendshipcircle.org/blog/2013/12/19/36-autism-facebook-pages-you-should-like/>

- **MAPS**

This is a listing of professionals who have taken specialized autism training.  
This is a worldwide listing. There may be a practitioner near you.  
<http://www.medmaps.org/clinician-directory/>

- **Autism International Foundation**

<http://autisminternationalfoundation.org/>



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## CHILD RESOURCES / RESSOURCES POUR ENFANTS

- **AFIRM**

This link offers free modules for evidence-based practices that come highly recommended.

<https://afirm.fpg.unc.edu/afirm-modules>

- **ACT Community Training**

As stated on their website Autism Community Training is to provide information and training, in accordance with international best practices.

<https://www.actcommunity.ca/>

- **Aide Canada**

Has various resources in regards to Autism.

<https://aidecanada.ca/>

- **Sesame Street**

Is an amazing resource for children and parents

<https://autism.sesamestreet.org/videos/kids/>

- **Splash n' Boots**

They offer meditating videos, toolkits, and activities for all children.

Welcome Splash'N Boots

- **Project autism**

HOME | Virtual Classes | Project Autism

[projectautismcanada.com](http://projectautismcanada.com)



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## **WORK VISA / PERMIS DE TRAVAIL/ STUDENT VISA/ PERMIS ÉTUDES**

Please note that psychological assessments are not interchangeable from country to country or within Canadian provinces. Provincial funding, services and supports have waitlists and in order to qualify for provincial funding, services and supports, you would need to go through the official process of obtaining a diagnosis by a provincial licensed psychologist or professional. You will then be placed on a waitlist for eligible services in your region. This also applies for both student and work visa.

Veillez noter que les évaluations psychologiques ne sont pas interchangeables d'un pays à l'autre ou au sein des provinces canadiennes. Le financement, les services et les soutiens provinciaux ont des listes d'attente et pour être admissible au financement, aux services et aux soutiens provinciaux, vous devrez suivre le processus officiel d'obtention d'un diagnostic par un (e) psychologue ou un (e) professionnel agréé (e) par la province. Vous serez alors placé sur une liste d'attente pour les services admissibles dans votre région. Cela s'applique également aux visas d'étudiant et de travail.



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